

## Looking after our environment

Have a discussion with the children and use these question prompts as a guide:

- What is our environment?
- How do we (humans) harm our environment?
- How can we look after it better?
- What do you do to look after the environment? This could be things you do in your own home or at school.

## Making predictions

Show the children the front cover of 'Whisper' and read the blurb. Read to the end of page 12 when Whisper sets off into the forest to find his friends, Bear and Owl. Ask the children to identify what Whisper's family do that negatively impacts the mountainside. Predict what you think he will do when he finds his friends. You could draw and write your prediction on the activity sheet below.

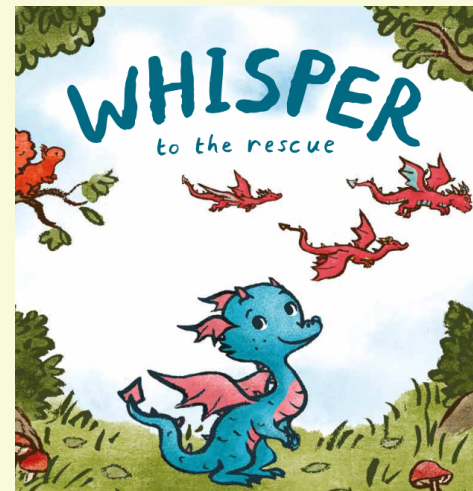
## Get creative

Whisper uses paintings to show his family the impact they are having on the mountainside. Can you draw a picture of your local environment. You could begin by looking closely at a green space near your home or school. It could be a garden, a park, or a field. What do you see? What can you hear? Have a go at drawing or painting this!



## Making yourself heard and caring for the environment

Whisper is a quiet dragon who notices everything. When he sees that his family's fires are damaging their forest neighbourhood, he knows he must persuade them to change their ways. But nobody will listen to him. How will he get his message across? It will take all Whisper's resourcefulness and courage, and some help from his friends, to save the mountainside in time.



## Make a poster

At the end of the story, Whisper's family realise it is up to them to change their ways to help save their mountainside. Make a poster about the ways in which you can help your local environment. You could do some research on the internet about some of the little changes we could make that can make a big difference e.g. Reduce, Reuse & Recycle

## Being heard

"Whisper tried and tried and tried to get his family's attention...But they just patted him on the head and didn't hear what he was saying."

Whisper struggles to get his voice heard but by the end of the story he realises that his voice is important and that what he has to say really matters. Your voice matters too! Sometimes it can be hard to use our voice to express our thoughts, feelings and ideas. Some of the phrases below might help you feel more confident to do so:

- I'd like you to...
- It makes me feel sad when...
- Can you help me with...?
- Can I tell you something?
- I need you to listen...

## Your voice matters

Using our voices, sharing what is important and being listened to by those around is vital to supporting our own mental health and well-being. Everyone's voice matters - Whisper learns this in the story - and yours does too. Share your thoughts and ideas on the activity sheet below:

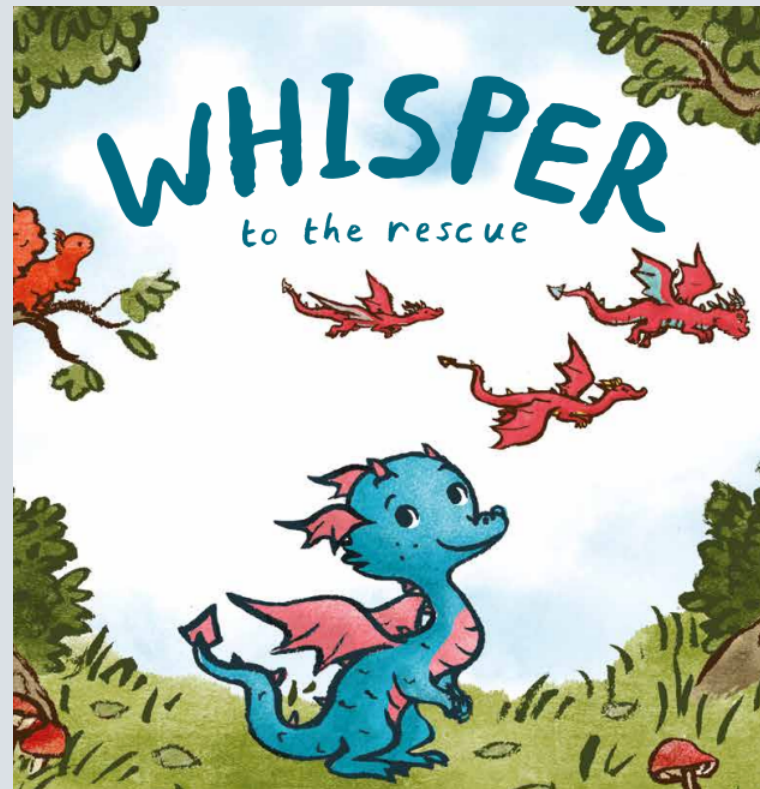


I feel happy when...

## Your voice matters

Some of my favourite things are...

I am excited about...



I would like to learn to...

Sometimes I worry about...

It is important to me that...