Sound Jar Activity

You don’t need an orchestra of instruments to have fun making noise. Children will enjoy crafting and creating their own ‘sound jars’ each with their own individual sound. Sound jars are the ideal activity for children who like to explore the world by sound or touch.

Materials:

A selection of small empty jars (with lids) or crisp tubs.
A range of different small dried grains, seeds and pulses (you can also use plastic beads and sand, if you have access to any).
- Place different types or amounts of the dried grains, seeds and pulses into the empty containers.

- Once you are happy with the contents of each container, secure the lids carefully.

- Each container should make a different sound, experiment with the noises and identify what kind of sound each one makes.

- Some children may like to shake the containers themselves, others might only want to listen. Be careful with the glass jars as they may be dangerous if they smash.